



Superior Court of California  
County of Mendocino  
100 N. State St., Ukiah, CA 95482  
[www.mendocino.courts.ca.gov/](http://www.mendocino.courts.ca.gov/)

**PRESS RELEASE**

Contact: Kathleen Forbes

**FOR IMMEDIATE RELEASE:**

February 22, 2016

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**VIVIAN B. BROWN, PH.D. TO OFFER FREE TRAUMA INFORMED  
TRAINING IN UKIAH ON MARCH 16, 2016**

A growing body of research is helping shape a new understanding of how drug courts can work effectively with participants who have substance use disorders and have experienced trauma. Trauma exposure is almost universal in adult samples of court populations; figures range up to 91% of participants experiencing one or more traumatic events. Drug Courts present an important opportunity to disrupt the substance abuse/trauma abuse cycle for individuals.

Dr. Brown is founder and former CEO of PROTOTYPES, Centers for Innovation in Health, Mental Health and Social Services, a multi-facility, multi-services, non-profit agency with services located throughout Southern California.

She has more than 40 years of experience developing innovative, community-based services, including: community mental health centers; community health programs; substance abuse treatment services including residential, day treatment/intensive outpatient, and specialized services for women and their children and families; mental health and specialized co-occurring disorders treatment; trauma-informed and trauma-specific services; domestic violence prevention and intervention services; HIV/AIDS outreach, prevention and treatment services; and services for incarcerated women and recently released men, women and youth.

This training will cover: National Institute of Drug Abuse (NIDA) principles of drug addiction treatment; respecting the process of change; best practices for relapse; the extent of trauma in the lives of court participants; the impact of trauma on participants' risk behaviors and their responses to court procedures; and how best to use sanctions that are supportive of healing.

Please join us on March 16, 2016 from 9:00 a.m. to 4:30 p.m. at the Ukiah Valley Conference Center located at 200 North School Street for this very informative training.

For more information contact:

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