Parenting Apart

A workshop for divorcing or separating parents

The Parenting Apart Workshop is funded in full by federal Access to Visitation grant funds.



"The greatest gift you can give your child is the right to love the other parent. And when you do that, you open a door to your child's heart that can never be closed. They love you both and need you both.

Let them have you."

Parenting Apart is an educational workshop mandated by the Superior Court of Mendocino County for non-custodial parents who are experiencing divorce, separation, custody, and visitation issues.

The workshop focuses on the needs of the non-custodial parent as well as the children. In addition, participants learn the importance of co-parenting and skills to effectively build a business relationship for the sake of the children. Custodial parents are welcome (co-parents attend separately).

Parenting Apart Workshop Provided by FIRST 5 Mendocino at the Alex Rorabaugh Center ~ ARC Family Resource Center	r
Class is held at 1640 South State Street, Ukiah, CA 95482 Tel (707) 234-3300	
Send registration form to 166 E. Gobbi St., Ukiah, CA 95482 Fax (844) 273-3898	Step 1: Clip, fill out, and send in the
• Workshops are held in Ukiah one Saturday a month from 8:30 a.m. to 4:00 p.m. and occasionally in Fort Bragg.	registration portion, below
• Registration is required. A Parent must submit the form below. Upon receipt, ARC staff will contact you with the date of your workshop.	Step 2: Staff will contact you with the date and location of
 Parents <u>cannot</u> attend a workshop without receiving confirmation. 	your workshop
 If you must cancel, please inform us at least one week before the workshop (because there are other parents on the wait list). Note that we are required to inform the Court if you register but do not attend. 	Step 3: Attend the workshop! Learn techniques to help both you and your children
• There is a one hour lunch break mid-day; bring your own lunch or return on time.	de-stress and enjoy more
No guests or children allowed.	Step 4: ARC Staff will
• Those who attend under the influence of alcohol or drugs will be asked to leave.	send the confirmation Certificate of
Save this top portion as a reminder of the date and place.	Completion to the
Registration Form - Required	
Name: Complete Case #	
Address:City:	
Preferred Phone: Back up Phone:	
Name of other parent:	
Please check one: I am the Custodial Parent 🗌 or I am the Non-custodial Parent 🗌	
Please send registration by mail to : FIRST 5 Mendocino, 166 E. Gobbi St., U Or to register in person. walk in to the ARC at the Alex Rorabaugh Center 1640 South Sta	