

**JUVENILE JUSTICE
AND
DELINQUENCY PREVENTION
COMMISSION**

AGENDA

June 13, 2025, 12:00 PM

Jury Assembly Room

Ukiah Courthouse

100 N. State Street, Ukiah, CA 95482

<https://mendocino-courts-ca-gov.zoomgov.com/j/1600926095?pwd=V0RqYUZJMIRGUnQvZmh6b0NmMGxiUT09>
Meeting ID: 160 092 6095 Passcode: 161251 Toll-Free Call-in Number: (833)568-8864

- 1. Call to Order**
 - a. Welcome and Introductions**
 - b. Additions or Corrections to Agenda**
- 2. Public Comment for items not on the Agenda**
- 3. Review and approval of Draft Minutes from May 9, 2025 meeting (attachment)**

Recommended action: Approve minutes.
- 4. Chief Probation Officer Report**

Recommended action: Receive the oral report and provide feedback to CPO Locatelli, as needed.
- 5. Juvenile Hall Report**

Recommended action: Receive the oral report and provide feedback to staff, as needed.
- 6. Speakers to be Determined**

Recommended action: Receive presentation.
- 7. Discussion on Speakers for JJDPC Meetings**

Recommended action: Discuss potential guest speakers to provide a report on restorative justice efforts in Mendocino County. Determine

who will contact speakers and arrange presentations.

- 8. New Business**
- 9. Review and Discuss Requests for Items to be included on Future Agenda, Including Agenda Date(s) and Provide Direction**
- 10. Adjournment: JJDPC meeting are held from noon to 2 p.m. in the Jury Assembly Room at the Ukiah Courthouse on the following dates:**

July 11, 2025

August 8, 2025

September 12, 2025

October 10, 2025

November 14, 2025

December 12, 2025

Juvenile Justice & Delinquency Prevention Commission

Mendocino County
100 N. State Street, Room 303
Ukiah, CA 95482
(707) 463-4664

<https://www.mendocino.courts.ca.gov/jjdpc>

MAY 9, 2025 MEETING

COMMISSIONERS PRESENT: Sarah Martin, Kate Gaston, Scott Marsh, Libbe Madsen (Remote), Marquez Gibson (Remote), Bode Gower (Remote)

OTHERS PRESENT: John Bednar, Judge Carly Dolan, Kim Turner, Kim Weston, Bonnie Boek (Raise and Shine Family Resource Empowerment Center)

COMMISSIONERS ABSENT: Esperanza Montana-Culbertson, Vanessa Curl, Tanya Estrada-Ruiz, Josephine Pady

The meeting was called to order at 12:02 pm by JJDPC Chairperson, Sarah Martin.

1. **CALL TO ORDER**
 - a. Welcome and Introductions
 - b. Additions or Corrections to Agenda
2. **PUBLIC COMMENT FOR ITEMS NOT ON THE AGENDA:** None.
3. **REVIEW AND APPROVAL OF DRAFT MINUTES FROM THE APRIL 11, 2025 MEETING (ATTACHMENT):** After discussion, the Commissioners approved the April 11, 2025 meeting minutes. Mr. Marsh moved to approve; Ms. Gaston seconded.
4. **PROBATION REPORT:** None.
5. **JUVENILE HALL REPORT:** Mr. Bednar reported there are 17 youth in the facility: 13 males and four females. Eight of the youth are from Lake County. They have started working on the Basketball area. They are working on demolishing the area this week and next week will be leveling and doing concrete work. They are on schedule to finish as expected. The youth are using the south quad during this time frame. The contract for the work in Units A and B has been approved. They are currently running backgrounds on the workers and choosing paint colors. They have been celebrating staff this week since it is National Corrections Week.
6. **PRESENTATION FROM BONNIE BOEK, RAISE & SHINE FAMILY RESOURCE EMPOWERMENT CENTER (ATTACHMENTS):** Ms. Boek reported that the Raise & Shine program is under the umbrella of First 5. The program uses an upstream approach to solving issues that families are having today. They look at the current problem the family is experiencing and look for the root cause of that problem. They focus on dealing with the root cause of the problem ultimately resolving the problem. They use the Community Resiliency Model and the HOPE (Healthy Outcomes Positive Experiences) in working with families. They provide peer to peer support, perinatal support, play groups, bilingual classes, parenting classes (remotely and in person), Triple P classes (5 week and 8 week programs), early start programs, and special needs programs. The majority of their programs are available to families with children under age eight.

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The special needs program is available to all ages. The special needs siblings' class is open to children up to age 12, however, they are always open to having groups for teens. The Empowerment Center helps families in dealing with 504 Plans and IEP's. They host parent support groups and sibling workshops. They assist with the complex nature of managing and navigating educational assistance and care through the school systems, Redwood Coast Regional Center, and other agencies. The programs are offered throughout the county remotely. In person programs are only offered in Ukiah currently. There is a representative in Covelo that works with special needs families only. The program has not worked with any families on truancy issues as there are no referrals to programs based just on truancy. They will be working more with and in schools next year, so this could become more of an area they address in the future.

7. **DISCUSSION ON SPEAKERS FOR JJDPC MEETINGS:** After discussion, it was agreed that Ms. Gaston will arrange for a speaker for the June meeting. She is planning on contacting the head of the Boys and Girls Club in Ukiah.

Mr. Gower reported that truancy has decreased and there has been an increase in social and emotional well-being. This information was reported to the board. Mr. Gower will share the data with the Commissioners and will contact Deb Kubin to obtain additional data to share.

8. **NEW BUSINESS:**

REPORT ON APRIL 18, 2025 INSPECTION OF JUVENILE HALL: Ms. Martin reported that the inspection of Juvenile Hall went well. Everything looks great. The final report will be completed before the next meeting.

JUVENILE JUSTICE COORDINATING COUNCIL POSITION UPDATE: Ms. Martin agreed to contact Katie Ford to obtain additional information on the vacancy and the process for appointing a commissioner to the Council. Ms. Martin has agreed to attend these meetings. The next meeting is 9/26/25.

POLICY COUNCIL ON CHILDREN AND YOUTH POSITION UPDATE: Ms. Pady is absent from the meeting. She will provide an update on the status of the appointment/application process for the council. The next meeting of the council is 5/15/25.

9. **REVIEW AND DISCUSS REQUESTS FOR ITEMS TO BE INCLUDED ON FUTURE AGENDA, INCLUDING AGENDA DATE(S) AND PROVIDE DIRECTION:**

REVIEW OF APRIL 18, 2025 JUVENILE HALL INSPECTION: The final report will be attached to the agenda for all commissioners to review before the meeting.

PLAN FOR THE COMMISSION: Ms. Gaston requested that the commission discuss the goal of the commission and start working towards that goal. Ms. Turner suggested that the commission is still in the information gathering stage and it might be too early to create the master plan. It was agreed that the commission needs to decide its ultimate goal and describe the

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problem they want to work towards resolving. The commission needs to continue on with the various presentations and create a list of standard questions to provide to all presenters to start to formulate the data in order to create the master plan. It was agreed that the commissioners will work on a list of standard questions at the next meeting.

UPDATE FROM DATA SUBCOMMITTEE: Mr. Gibson reported that the committee has had their initial meeting and been brainstorming ideas for the data review. They are deciding whether to pivot from quantitative data to qualitative data. They will work towards having an update at the next meeting.

10. **ADJOURNMENT:** After discussion, it was agreed that the next JJDPC meeting will be held on June 13, 2025 at 12:00 p.m. in the Jury Assembly Room at the Ukiah Courthouse. A Zoom link will be provided for Commissioners who cannot attend in person and for any members of the public to attend.

MEETING ADJOURNED AT 1:05 p.m.

MINUTES COMPLETE
Submitted by Kim Weston



RAISE & SHINE
Family Resource & Empowerment Center

Agenda:

Overview of Raise and Shine FREC & First 5 Mendocino

- Introductions
- Wellness Skill * Resourcing
- Perinatal Care
- Triple P
- Raise & Shine Groups
- CRM (Community Resiliency Model)
- H.O.P. E. Framework
- Questions?



Wellness Skill * Resourcing

You are invited to think of something that brings you joy, peace or calm. A positive memory, person, place, activity, or strength.

- 3 details describing resource
- Smells, sounds, visual images, temperature, texture...
- Bring attention to sensations on the inside, pleasant or neutral
- Track nervous system: notice your breath, heart rate, muscles relaxing
- Notice any changes that have happened
- Return to the group
- This resource is always with you

*This is an exercise to bring us into the **present**, increase bandwidth / resilience zone and gives us a **choice** in our reaction to our surroundings.*

Upstream Approach:

Improve community conditions to support families with young children.

Focusing on the **sources** of the issues rather than the symptoms.

Starting with the **intention** for the future of our children.



What can be done at the source?

We strive to provide families with...

- Access to Quality Services
- Support & Opportunities to reach their full potential



Resources & Programs: *Relationships, Belonging & Self-Care*

- **Pregnancy:** Birth Classes, Home Visiting, Breast Start
- **Triple P:** Positive Parenting Classes
- Services for families with children with Special Needs or Developmental Concerns (navigate regional center and school system)
- **Playgroups**
- **Support Groups**
- **Community Resiliency Model (CRM):** Hands on Wellness Skills
- **HOPE Framework:** Promote a sense of Belonging





first5mendocino.org

707.462.1233

admin@first5mendo.org

IG: raiseandshinefrc

FB: triplepmendocino

WHAT WE OFFER

- Peer-to-Peer support
- Parenting Classes
- Play Groups
- Support for families of children with and without disabilities
- Wellness Skills

Our Vision & Mission

The Raise & Shine FRC and FEC fosters community resiliency through quality family engagement.

Raise & Shine mentors families on how to build their protective layers.

You can expect family-driven support from staff who understand what you are going through, practical and emotional peer support, referrals to services for you or your child, and helpful trainings and conferences.



Upstream Pregnancy and Parenting Supports



Birth classes

Home Visiting Programs

- [Go.first5mendo.org](https://go.first5mendo.org) / home visiting for referral to long term voluntary support from pregnancy-through age 3
 - *Healthy Families Mendocino*
 - *NCO Head Start Home Base*
- Coming Soon:
 - *Short term home visiting and parent check-ins through First 5 Mendocino Perinatal Community Health Worker (CHW) program*
 - *Enhanced Care Management (ECM) for Birth Populations of Focus*
- **Breast Start**
Lactation support- warmline





Triple P Parenting Support Apoyo para la crianza Positiva

SMALL CHANGES CAN MAKE A BIG DIFFERENCE
Los pequeños cambios pueden hacer una gran diferencia

Find upcoming classes
Para encontrar las proximas clases:



Learn more about First 5 Mendocino
Para más información sobre
First 5 Mendocino:



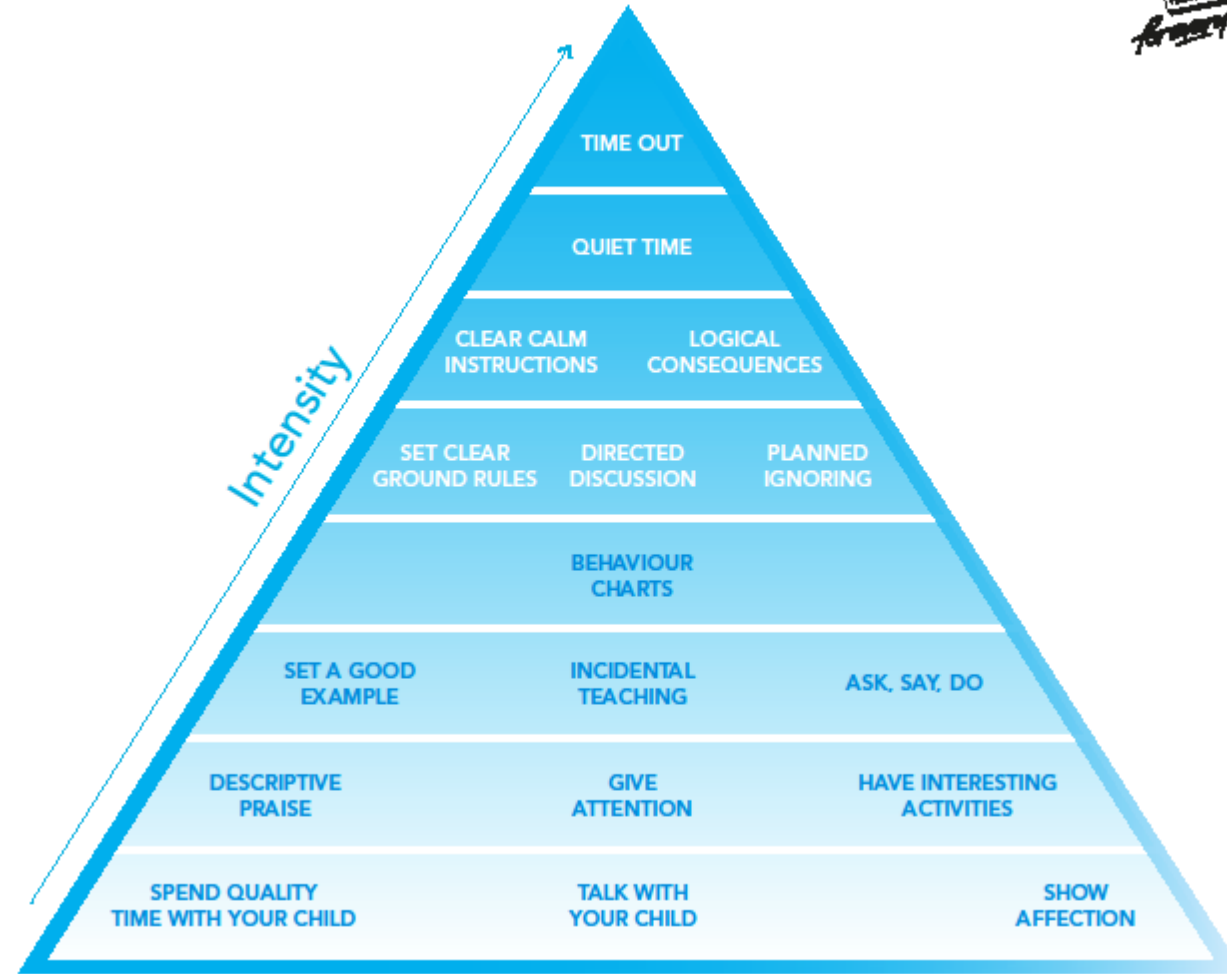
For more information contact/Para más información llame:
(707) 462-1233

Sponsored by FIRST 5 Mendocino and Partners





THE TRIPLE P STRATEGY PYRAMID



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The 5 Core Principals of Triple P

1.

Have a safe
and
interesting
environment

2.

Have a
positive
learning
environment

3.

Use
assertive
discipline

4.

Have
realistic
expectations

5.

Take care
of yourself
as a
provider



Five Principals of The Positive Parenting Program (Triple P)

Everyday principals to use with family, friends & co-workers
~ normalizing the skills as relating to the people around us ~

1. Having a safe, interesting environment

Young children need to be **safe from danger and have plenty to keep them busy and involved**. A safe home allows for freedom to explore and keep busy. Less likely to get bored or in trouble for children and adults. If we are encouraged to discover & deepen skills at work and home, we are going to be more inspired and interested in what we are doing.

2. Having a positive learning environment

Being available, helpful and listening. If possible, stop what you are doing and spend time with them. Quality over quantity. Paying attention to and praising the behaviors we want to see more often.



Five Principals of The Positive Parenting Program (Triple P)

Everyday principals to use with family, friends & co-workers
~ normalizing the skills as relating to the people around us ~

3. Using assertive discipline

Respond quickly, calm and stay consistent. Stay calm and avoid yelling. Teaches responsibility, awareness of the needs of others and develop self-control.

4. Having realistic expectations

Having realistic expectations of our children, ourselves and those around us helps to avoid frustration and disappointment. We all learn at different rates and have different skill sets.



Five Principals of The Positive Parenting Program (Triple P)

Everyday principals to use with family, friends & co-workers
~ normalizing the skills as relating to the people around us ~

5. Taking care of yourself; as a parent, as a person

If our own needs are being met, it is easier to be patient, calm and more available to the children and adults around us. Taking time with our friends, ourselves, and doing activities we enjoy helps us to stay calmer when managing the misbehaviors of others.



Triple P Level 4 Group

8 wks.

This series includes strategies:

- Raise happy, confident children
- Manage misbehavior
- Set rules and routines
- Encourage behavior you like
- Take care of yourself as a parent



Triple P L 5 Group

5 wks.

This series includes strategies:

- Coping strategies for stressful situations
- Developing plans to reduce parenting stress
- Taking control of personal thoughts reactions



The Early Start Community

If you have a young child who needs specialized care or has a disability, or if you have a concern about your child's development, there is help and support in your community!



What do Family Empowerment Centers do?

¿Qué hacen los Centros de Empoderamiento para la Familia?

Guide families in navigating the school system.

Guían a las familias en navegar el sistema escolar.

Provide referrals to services for families and children

Proporcionan solicitudes a servicios para familias y niños.

To learn more, visit our website
www.raiseandshine.org

Para aprender más, visite nuestro sitio web
www.raiseandshine.org

Serve children and young adults ages 0-22

Sirven a los niños y jóvenes de las edades 0-22.

Assist families in advocating for their rights

Ayudan a familias abogar por sus derechos.



Services for families of children with special needs or developmental concerns:

- Navigate Redwood Coast Regional Center
- Navigate the school System



free lunch
is provided



Raise and Shine FREC

Sibshop

A workshop for siblings of individuals with disabilities. This workshop will be filled with fun and engaging activities. For children ages 8-14. To register your child scan the QR code or call our office at (707) 462-1233.

Saturday
September 28th, 2024
10:00am - 1:00 pm

Raise and Shine FREC
419 Talmage Rd.
Ukiah, CA 95482



Parent Support Group

Abogando con Amor / Advocating with Love

"Parents Supporting Parents"



For families supporting those with special needs.



Parent support groups offer hope, guidance, resources, and camaraderie for parents and caregivers of children and youth receiving Special Education Services.

You are not alone!



Third Wednesday



(707) 462-1233



9 AM - 11 AM



raiseandshine@
first5mendo.org



**419 Talmage Road
Suite M
Ukiah, CA**



Visit our website
for more resources





**ALL TOGETHER
PLAYGROUP
GRUPO DE JUEGO**
Ages / Edades 0-5

Tuesdays/Martes
9:30 am - 11:00 am

- Free Play
Juego Libre
- Arts & Crafts
Artesanías
- Healthy Snack
Botana Saludable
- School Readiness
Preparación Escolar

 **419 Talmage Rd**
Suite M
Ukiah, CA 95482

 **(707) 462-1233**



RAISE & SHINE
Family Resource & Empowerment Center



RAISE & SHINE
Family Resource & Empowerment Center



Sign Up Today!

Celebrate the Dreamer in You

Dolly



Learn More at
ImaginationLibrary.com



The Community Resiliency Model

A set of six wellness skills



TRAUMA RESOURCE
INSTITUTE

Developed by:
Elaine Miller-Karas, LCSW



Adversity is Not Destiny



"Neurogenesis is the ability to create new neurons and connections between neurons throughout a lifetime" Goldberg, 2013

"Neuroplasticity" or "malleability" is the lifelong capacity of the brain to change and rewire itself in response to stimulation from surrounding environment!





TRAUMA RESOURCE
INSTITUTE



iChillapp.com

iChill



HEALTHY OUTCOMES
FROM POSITIVE EXPERIENCES



What is HOPE?

Healthy
Outcomes
Positive
Experiences

Positive experiences help children grow into more resilient, healthier adults.

HOPE aims to better understand and support these key experiences.

Core assumption

—from the study **‘Science of the Positive’**

How positive factors impact culture and experience.

The **positive** exists, it is real and worth growing, cultivating and expanding in ourselves, our families, our workplaces and our communities.



Positive experiences are the starting point -

- Promote children's **health and well-being**
- Allow children to form strong **relationships** and connections
- Cultivate positive self-image and **self-worth**
- Provide a sense of **belonging**
- Build skills that promote **resilience**

Linkenbach, J. (2007, 2018). The Science of the Positive: The Seven Core Principles Workbook: A Publication of The Montana Institute, LLC.





- 2015 population study in Wisconsin
- Part of the BRFSS
- Asked about ACEs
- Asked about Positive Childhood Experiences
- Correlated with mental health

**Developing the Positive
Childhood Experiences
(PCEs) score**

Positive Childhood Experiences scale

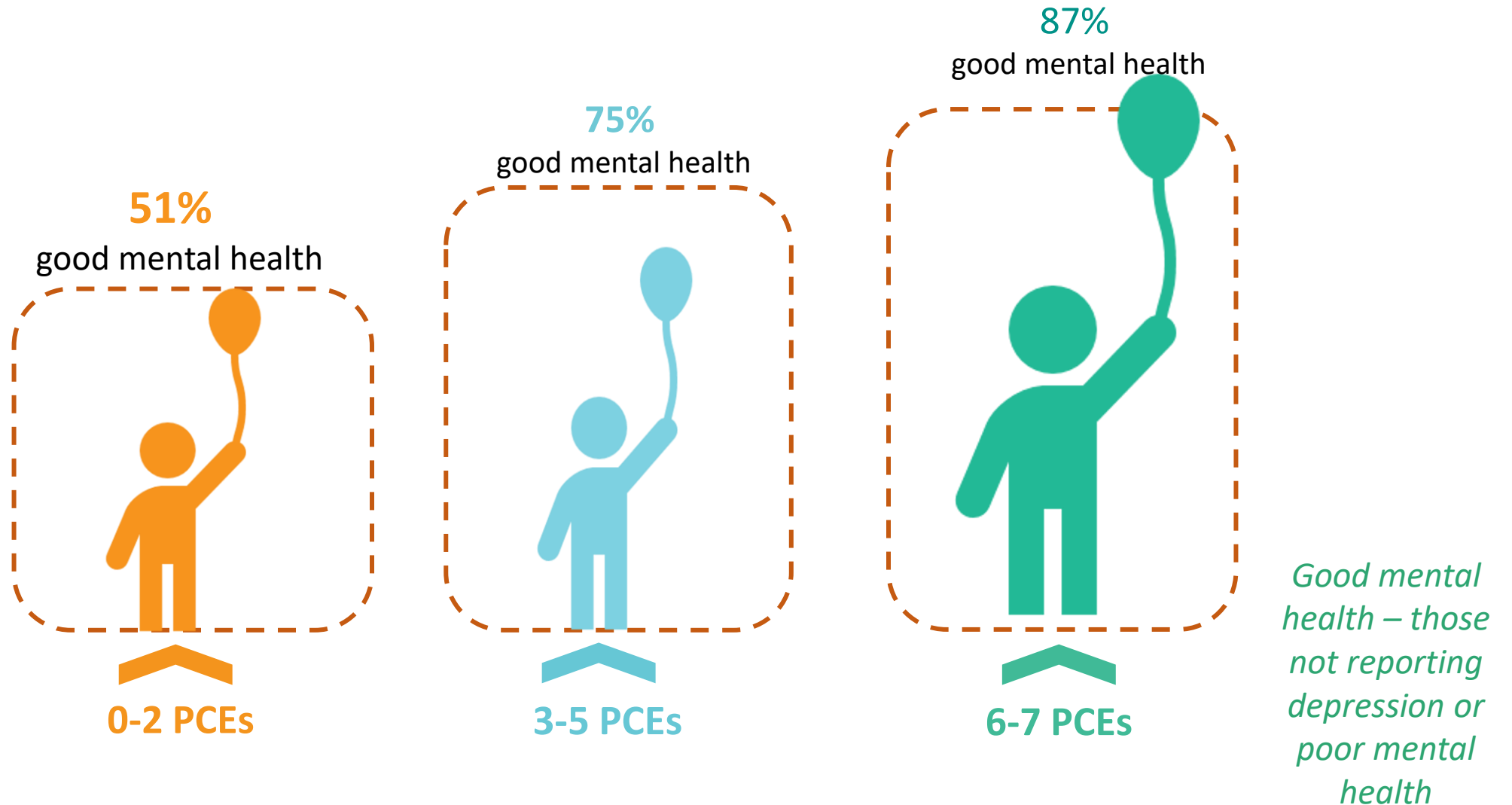
Questions (BRFS questions 2015)

As a child, how often did you...

1. Feel able to talk to your family about feelings
2. Feel your family stood by you during difficult times
3. Enjoy participating in community traditions
4. Feel a sense of belonging in high school
5. Feel supported by friends
6. Have at least two non-parent adults who took genuine interest in you
7. Feel safe and protected by an adult in your home



Positive Childhood Experiences (PCEs) protects and positively affects adult mental and overall health.





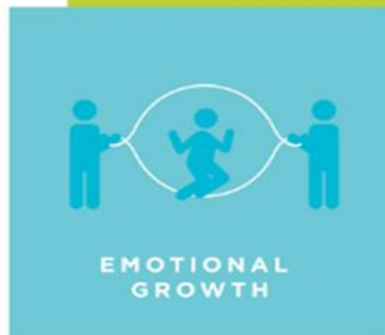
Relationships with other children and with other adults through interpersonal activities.



Safe, equitable, stable environments for living, playing, learning at home and in school.



Social and civic engagement to develop a sense of belonging and connectedness.



Emotional growth through playing and interacting with peers for self-awareness and self-regulation.

The Four Building Blocks of HOPE



Adversity is Not Destiny



"Neurogenesis is the ability to create new neurons and connections between neurons throughout a lifetime" Goldberg, 2013

"Neuroplasticity" or "malleability" is the lifelong capacity of the brain to change and rewire itself in response to stimulation from surrounding environment!





Stronger Together

- Upstream / Source / Intension / Spark
- Relationships
- Belonging
- Self – Care / We - Care / Community - Care





First5Mendo.org



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<https://raiseandshine.org/>

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